

Table T129-F

Mondays to Fridays

18 May to 11 December

Shrewsbury - Swansea

Miles		AW ◇	AW ◇	AW ◇	AW ⊠	AW ⊠	AW ◇													
0	Shrewsbury	d 04 46			05 56	10 09	14 05	18 24												
12½	Church Stretton	d 05 04			06 14	10 27	14 23	18 42												
20	Craven Arms	d 05 15			06 26	10 37	14 34	18 54												
22½	Broome	d			06x31	10x42	14x39	18x59												
25	Hopton Heath	d			06x35	10x46	14x43	19x03												
28	Bucknell	d			06x40	10x51	14x48	19x08												
32½	Knighton	a 05 35			06 48	11 00	14 56	19 16												
—		d 05 37			06 56	11 01	14 58	19 18												
34½	Knucklas	d			07x01	11x06	15x02	19x22												
38½	Llangynllo	d			07x09	11x14	15x10	19x30												
41½	Llanbister Road	d			07x14	11x19	15x15	19x35												
45½	Dolau	d			07x20	11x25	15x21	19x41												
48½	Pen-y-bont	d			07x24	11x29	15x26	19x46												
51½	Llandrindod	a 06 12			07 35	11 40	15 37	19 57												
—		d			07 37	11 57	15 43	19 58												
57½	Builth Road	d			07x45	12x06	15x51	20x07												
59½	Cilmeri	d			07x49	12x09	15x55	20x10												
63	Garth (Powys)	d			07x54	12x14	16x00	20x16												
64½	Llangammarch	d			07x58	12x18	16x04	20x20												
68	Llanwrtyd	a			08 05	12 26	16 12	20 28												
—		d			08 11	12 28	16 25	20 32												
70½	Sugar Loaf	d			08x16	12x33	16x30	20x38												
74½	Cynghordy	d			08x23	12x40	16x37	20x45												
79½	Llandoverly	a			08 34	12 52	16 49	20 56												
—		d		06 44	08 36	12 53	16 50	20 58												
83½	Llanwrda	d		06x50	08x41	12x58	16x55	21x03												
85	Llangadog	d		06x54	08x45	13x02	16x59	21x07												
90½	Llandeilo	a		07 04	08 55	13 13	17 10	21 18												
—		d		07 05	08 58	13 15	17 12	21 19												
91½	Ffairfach	d		07 08	09 00	13 17	17 14	21 22												
95½	Llandybie	d		07x14	09x07	13x24	17x21	21x28												
97½	Ammanford	d		07x19	09x11	13x28	17x25	21x33												
98½	Pantyyffynnon	d		07 23	09 15	13 32	17 29	21 37												
103½	Pontarddulais	d		07x29	09x21	13x38	17x35	21x43												
105½	Llangennech	d		07x33	09x26	13x43	17x40	21x47												
107½	Bynea	d		07x37	09x29	13x46	17x43	21x51												
110½	Llanelli	a		07 44	09 36	13 53	17 50	21 58												
116	Gowerton	a		07 54	09 46	14 03	17 59	22 08												
121½	Swansea	a		08 09	10 02	14 17	18 14	22 23												

Saturdays

23 May to 12 December

	AW ◇	AW ⊠	AW ⊠	AW ◇																
Shrewsbury	d 05 16	09 00	13 58	17 57																
Church Stretton	d 05 33	09 19	14 16	18 13																
Craven Arms	d 05 47	09 29	14 26	18 24																
Broome	d 05x51	09x34	14x31	18x29																
Hopton Heath	d 05x55	09x38	14x35	18x33																
Bucknell	d 05x59	09x43	14x40	18x38																
Knighton	a 06 08	09 52	14 49	18 47																
—	d 06 11	09 53	14 50	18 48																
Knucklas	d 06x15	09x58	14x55	18x53																
Llangynllo	d 06x23	10x06	15x03	19x01																
Llanbister Road	d 06x28	10x11	15x08	19x06																
Dolau	d 06x33	10x17	15x14	19x12																
Pen-y-bont	d 06x37	10x21	15x18	19x16																
Llandrindod	a 06 48	10 32	15 29	19 27																
—	d 06 56	10 34	15 42	19 31																
Builth Road	d 07x04	10x42	15x50	19x39																
Cilmeri	d 07x07	10x46	15x54	19x43																
Garth (Powys)	d 07x12	10x51	15x59	19x48																
Llangammarch	d 07x15	10x55	16x03	19x52																
Llanwrtyd	a 07 23	11 03	16 11	20 00																
—	d 07 25	11 09	16 13	20 10																
Sugar Loaf	d 07x30	11x14	16x18	20x16																
Cynghordy	d 07x36	11x21	16x25	20x23																
Llandoverly	a 07 48	11 33	16 37	20 34																
—	d 07 49	11 34	16 38	20 36																
Llanwrda	d 07x54	11x39	16x43	20x41																
Llangadog	d 07x57	11x43	16x47	20x45																
Llandeilo	a 08 08	11 54	16 58	20 56																
—	d 08 10	11 56	17 00	20 57																
Ffairfach	d 08 12	11 58	17 02	21 00																
Llandybie	d 08x19	12x05	17x09	21x06																
Ammanford	d 08x23	12x09	17x13	21x11																
Pantyyffynnon	d 08 27	12 13	17 17	21 15																
Pontarddulais	d 08x33	12x19	17x23	21x21																
Llangennech	d 08x38	12x24	17x28	21x26																
Bynea	d 08x42	12x27	17x31	21x30																
Llanelli	a 08 52	12 38	17 38	21 36																
Gowerton	a 09 07		17 48	21 47																
Swansea	a 09 24	13 02	18 08	22 04																

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T129-F

Sundays

17 May to 6 December

Shrewsbury - Swansea

	AW ◇	AW ◇																		
Shrewsbury	d 12 04	16 20																		
Church Stretton	d 12 22	16 39																		
Craven Arms	d 12 33	16 49																		
Broome	d 12x39	16x54																		
Hopton Heath	d 12x43	16x58																		
Bucknell	d 12x48	17x03																		
Knighton	a 12 56	17 12																		
	d 12 57	17 13																		
Knucklas	d 13x03	17x18																		
Llangynllo	d 13x11	17x26																		
Llanbister Road	d 13x16	17x31																		
Dolau	d 13x22	17x37																		
Pen-y-bont	d 13x26	17x41																		
Llandrindod	a 13 36	17 52																		
	d 13 41	18 05																		
Builth Road	d 13x50	18x14																		
Cilmeri	d 13x54	18x17																		
Garth (Powys)	d 13x59	18x23																		
Llangammarch	d 14x03	18x27																		
Llanwrtyd	a 14 10	18 35																		
	d 14 12	18 36																		
Sugar Loaf	d 14x18	18x42																		
Cynghordy	d 14x25	18x49																		
Llandovery	a 14 36	19 00																		
	d 14 37	19 02																		
Llanwrda	d 14x43	19x07																		
Llangadog	d 14x47	19x11																		
Llandeilo	a 14 57	19 22																		
	d 14 59	19 23																		
Ffairfach	d 15 01	19 26																		
Llandybie	d 15x09	19x32																		
Ammanford	d 15x13	19x37																		
Pantyyffnon	d 15 16	19 41																		
Pontarddulais	d 15x23	19x47																		
Llangennech	d 15x28	19x51																		
Bynea	d 15x31	19x55																		
Llanelli	a 15 37	20 02																		
Gowerton	a 15 50	20 11																		
Swansea	a 16 03	20 25																		

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T129-R

Mondays to Fridays

18 May to 11 December

Swansea - Shrewsbury

Miles		AW	AW	AW	AW	AW	AW	AW	AW									
		◇	◇	◇	◇	◇	◇	◇	◇									
0	Swansea	d			06 04		09 30		14 35		18 27							
5½	Gowerton	d			06 15		09 41				18 38							
11½	Llanelli	d	05 16		06 25		09 51		14 53		18 48							
14	Bynea	d	05x20		06x29		09x55		14x57		18x52							
16	Llangennech	d	05x24		06x33		09x59		15x01		18x56							
18½	Pontarddulais	d	05x29		06x38		10x03		15x06		19x00							
23	Pantyffynnon	d	05 37		06 46		10 12		15 14		19 09							
24½	Ammanford	d	05 40		06 49		10 15		15 17		19 12							
26	Llandybie	d	05 45		06 54		10 19		15 22		19 16							
30	Ffairfach	d	05x51		07x00		10x26		15x28		19x23							
30½	Llandeilo	a	05 56		07 05		10 30		15 33		19 27							
—	—	d	05 57		07 08		10 32		15 34		19 29							
36½	Llangadog	d	06 07		07 18		10 41		15 44		19 38							
38½	Llanwrda	d	06 10		07 21		10 45		15 47		19 42							
42	Llandovery	a	06 19		07 29		10 52		15 55		19 49							
—	—	d			07 30		10 54		15 56		19 51							
46½	Cynghordy	d			07x38		11x01		16x04		19x58							
49½	Sugar Loaf	d			07x46		11x10		16x12		20x07							
53½	Llanwrtyd	a			07 54		11 18		16 20		20 15							
—	—	d			08 12		11 19		16 26		20 33							
56½	Llangammarch	d			08x17		11x24		16x31		20x38							
58½	Garth (Powys)	d			08x21		11x28		16x35		20x42							
62	Cilmeri	d			08x26		11x34		16x40		20x48							
64	Builth Road	d			08x30		11x37		16x44		20x51							
69½	Llandrindod	a			08 43		11 51		16 57		21 05							
—	—	d		06 18	08 45		12 01		16 59		21 19							
73½	Pen-y-bont	d		06x25	08x51		12x08		17x05		21x26							
76½	Dolau	d		06 30	08 57		12 14		17 11		21 32							
79½	Llanbister Road	d		06x36	09x02		12x19		17x16		21x37							
82½	Llangynllo	d		06x42	09x08		12x24		17x22		21x42							
86½	Knucklas	d		06x48	09x14		12x31		17x28		21x49							
89½	Knighton	a		06 55	09 22		12 38		17 36		21 56							
—	—	d		07 03	09 23		12 41		17 37		21 58							
93½	Bucknell	d		07 09	09 29		12 47		17 43		22 04							
96½	Hopton Heath	d		07x14	09x33		12x50		17x47		22x07							
99	Broome	d		07x18	09x37		12x55		17x51		22x12							
101½	Craven Arms	a		07 27	09 46		13 04		18 00		22 20							
108½	Church Stretton	a		07 42	09 58		13 18		18 12		22 35							
121½	Shrewsbury	a		07 58	10 15		13 37		18 29		22 53							

Saturdays

23 May to 12 December

	AW	AW	AW	AW														
	◇	◇	◇	◇														
Swansea	d	04 31	09 15	13 12		18 17												
Gowerton	d	04 42	09 26	13 23		18 28												
Llanelli	d	04 52	09 36	13 34		18 42												
Bynea	d	04x56	09x40	13x38		18x45												
Llangennech	d	04x59	09x44	13x42		18x49												
Pontarddulais	d	05x03	09x49	13x47		18x53												
Pantyffynnon	d	05 12	09 57	13 55		19 01												
Ammanford	d	05 15	10 00	13 58		19 04												
Llandybie	d	05 19	10 05	14 03		19 09												
Ffairfach	d	05x25	10x11	14x09		19x15												
Llandeilo	a	05 30	10 16	14 14		19 19												
—	d	05 31	10 17	14 15		19 21												
Llangadog	d	05 41	10 27	14 25		19 30												
Llanwrda	d	05 44	10 30	14 28		19 34												
Llandovery	a	05 52	10 38	14 36		19 41												
—	d	05 53	10 39	14 37		19 43												
Cynghordy	d	06x00	10x47	14x45		19x50												
Sugar Loaf	d	06x08	10x55	14x53		19x58												
Llanwrtyd	a	06 16	11 02	15 01		20 06												
—	d	06 18	11 09	15 03		20 09												
Llangammarch	d	06x22	11x14	15x08		20x14												
Garth (Powys)	d	06x26	11x18	15x12		20x18												
Cilmeri	d	06x31	11x23	15x17		20x23												
Builth Road	d	06x34	11x27	15x21		20x26												
Llandrindod	a	06 46	11 40	15 34		20 39												
—	d	06 55	11 42	15 42		20 41												
Pen-y-bont	d	07x01	11x48	15x49		20x47												
Dolau	d	07x06	11 54	15 55		20 53												
Llanbister Road	d	07x12	11x59	16x00		20x57												
Llangynllo	d	07x17	12x05	16x05		21x02												
Knucklas	d	07x23	12x11	16x12		21x08												
Knighton	a	07 30	12 18	16 19		21 06												
—	d	07 32	12 19	16 21		21 17												
Bucknell	d	07 38	12 25	16 27		21 23												
Hopton Heath	d	07x41	12x28	16x30		21x26												
Broome	d	07x45	12x32	16x35		21x30												
Craven Arms	a	07 54	12 40	16 43		21 39												
Church Stretton	a	08 06	12 53	16 56		21 51												
Shrewsbury	a	08 24	13 09	17 12		22 08												

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Table T129-R

Sundays

17 May to 6 December

Swansea - Shrewsbury

	AW	AW																		
	◇	◇																		
Swansea	d 11 12	15 36																		
Gowerton	d 11 23	15 47																		
Llanelli	d 11 34	15 58																		
Bynea	d 11x38	16x02																		
Llangennech	d 11x42	16x06																		
Pontarddulais	d 11x46	16x10																		
Pantyyffynnon	d 11 55	16 18																		
Ammanford	d 11 58	16 21																		
Llandybie	d 12 02	16 26																		
Ffairfach	d 12x09	16x32																		
Llandeilo	a 12 13	16 37																		
	d 12 15	16 38																		
Llangadog	d 12 24	16 48																		
Llanwrda	d 12 28	16 51																		
Llandovery	a 12 35	16 59																		
	d 12 37	17 00																		
Cynghordy	d 12x44	17x08																		
Sugar Loaf	d 12x53	17x16																		
Llanwrtyd	a 13 01	17 24																		
	d 13 02	17 26																		
Llangammarch	d 13x07	17x31																		
Garth (Powys)	d 13x11	17x35																		
Cilmeri	d 13x17	17x40																		
Builth Road	d 13x20	17x44																		
Llandrindod	a 13 34	17 57																		
	d 13 43	17 59																		
Pen-y-bont	d 13x50	18x05																		
Dolau	d 13 56	18 11																		
Llanbister Road	d 14x01	18x16																		
Llangynllo	d 14x06	18x22																		
Knucklas	d 14x13	18x28																		
Knighton	a 14 20	18 36																		
	d 14 22	18 37																		
Bucknell	d 14 28	18 43																		
Hopton Heath	d 14x31	18x47																		
Broome	d 14x36	18x51																		
Craven Arms	a 14 44	18 59																		
Church Stretton	a 14 57	19 12																		
Shrewsbury	a 15 13	19 37																		

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